

# Trainingszeiten

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
<b>Team A</b>	17:30-18:30 Uhr Turnhalle OZ	06:00-07:00 18:00-20:00	13:30-15:00	12:00-13:30 19:00-21:00	06:00-07:00 18:30-19:00 Dryland 19:00-21:00	09:00-10:00 Gym 10:00-12:00	
<b>Team A2</b>	17:30-18:30 Uhr Turnhalle OZ	17:00-18:00 18:00-18:30 Dryland	13:30-15:00	18:00-19:00 19:00-19:30 Dryland	06:00-07:00 18:00-19:00 19:00-19:30 Dryland	11:00-12:00 Gym 12:00-13:30	
<b>Team B</b>	17:00-18:00 Turnhalle OZ	17:00-18:00 18:00-18:30 Dryland	12:30-13:30 13:30-14:00 Dryland	17:00-18:00 18:00-18:30 Dryland	18:00-19:00 19:00-19:30 Dryland	11:00-12:00 Gym 12:00-13:15	
<b>Kidsliga Kids</b>	17:00-18:00 Turnhalle OZ	16:00-17:00	12:30-13:30 13:30-14:00 Dryland	16:00-17:00	16:00-17:00 17:00-17:30 Dryland		
<b>Kids</b>	17:00-18:00 Turnhalle OZ	16:00-17:00		16:00-17:00	16:00-17:00 17:00-17:30 Dryland		
<b>Barracudas</b>				16:00-17:00			
<b>Sharks</b>					18:00-19:00 19:00-19:30 Dryland	13:00-14:00	
<b>Masters</b>		06:00-07:00 20:00-20:55	19:00-20:00 Freibad	12:00-13:30	06:00-07:00		